




May Lunch 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	
	5/2	5/3	5/4	5/5	5/6	
H = Hot Entree	H - Roast Pork with sauteed mixed LOCAL greens and dinner roll	H - Brunch for Lunch - French toast sticks, sausage, hash browns	H - Mac & VT cheddar cheese with sweet peas	H - Stuffed peppers with rice & VT ground beef, WG flatbread	H - Pepperoni pizza with roasted seasoned chickpeas	H = Hot Entree
HV - Vegetarian Entree	HV - Roasted Maple glazed tofu with sauteed mixed LOCAL greens and dinner roll	HV - Brunch for Lunch - French toast sticks, VEGGIE sausage, hash browns	HV - Mac & VT cheddar cheese with sweet peas	HV - Stuffed pepper with rice and beans, WG flatbread	HV - Cheese pizza with roasted seasoned chickpeas	HV - Vegetarian Entree
D = Deli sandwich						D = Deli
P = Parfait	LB - Nacho Lovers	P - Pineapple Parfait w/granola	D - Ham & Cheese on WW	P - Pineapple parfait w/granola	LB - Nacho Lover's Lunchbox	P = Parfait
L = Lunchbox	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	L = Lunchbox
SBJ = SBJ	Monday	Tuesday	Wednesday	Thursday	Friday	SBJ = SBJ
	5/9	5/10	5/11	5/12	5/13	
	H - Chicken tenders with sweet potato fries	H - Cuban sandwich (Roast pork, ham, swiss, pickles & mustard) with cucumber wedges	H - Chicken alfredo with garlic roasted broccoli	H - Sloppy Joe on a bun with steamed carrots	H - Pepperoni pizza with veggie sticks and hummus	H = Hot Entree
	HV - VEGAN chick'n tenders with sweet potato fries	HV - Roasted veggie melt (peppers, eggplant, zucchini, tomato) with cucumber wedges	HV - Chickpea alfredo with garlic roasted broccoli	HV - Sloppy lentils on a bun with steamed carrots	HV - Cheese pizza with veggie sticks and hummus	HV - Vegetarian Entree
						D = Deli
	LB - Cape Codder Lunchbox	P - Strawberry parfait w/granola	D - Chicken Caesar wrap	P - Strawberry parfait w/granola	LB - Cape Codder Lunchbox	P = Parfait
	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	L = Lunchbox
	Monday	Tuesday	Wednesday	Thursday	Friday	H = Hot Entree
	5/16	5/17	5/18	5/19	5/20	
	H - Nacho-tots - Tater tots, seasoned ground beef, cheese sauce, salsa, sour cream - with refried beans	H - House made ham & cheese calzone with side salad	H - Baked cheesy penne with Italian style green beans	H - Meatloaf with veggie flecked quinoa pilaf	H - Pepperoni pizza with baby carrots	HV - Vegetarian Entree
	HV - Nacho-tots - Tater tots, seasoned soy crumbles, cheese sauce, salsa, sour cream - with refried beans	HV - WG Roasted veggie and cheese calzone with side salad	HV - Baked cheesy penne with Italian style green beans	HV - Vegan lentil loaf with veggie flecked quinoa pilaf	HV - Cheese pizza with baby carrots	D = Deli sandwich
						P = Parfait
This month we are traveling to BOLIVIA!!						L = Lunchbox
	LB - Better cheddar lunchbox	P - Mango parfait w/granola	D - Turkey & cheese on WW	P - Mango parfait w/granola	LB - Better cheddar lunchbox	SBJ = SBJ
	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	
	Monday	Tuesday	Wednesday	Thursday	Friday	
	5/23	5/24	5/25	5/26	5/27	H = Hot Entree
	H - VT Beef chili with cornbread and sweet corn	<b>Trip to BOLIVIA - Cunape (cheese filled bread bites), Anticucho (grilled beef skewers), Arroz con queso (cheesy rice), Repollo Guisado (stewed cabbage with potatoes and chilies), Alfajores (coconut cookies sandwiched with dulce de leche).</b>	H - Pasta carbonara with spring salad	H - Shepherd's pie, biscuit, sweet peas	H - Pepperoni pizza with cucumber wedges	HV - Vegetarian Entree
	HV - Roasted sweet potato chili with cornbread and sweet corn		HV - Pasta primavera with fresh mozzarella with spring salad	HV - VEGAN farmer's pie, biscuit, sweet peas	HV - Cheese pizza with cucumber wedges	D = Deli sandwich
						P = Parfait
	LB - Cafe Kid's Plate	P - Blueberry parfait w/granola	D - Italian Cold Cut Sub	P - Blueberry parfait w/granola	LB - Cafe Kid's Plate	L = Lunchbox
	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ = SBJ
	Monday	Tuesday	Wednesday	Thursday	Friday	
	5/30	5/31	6/1	6/2	6/3	
						
		H - Bacon cheeseburger, fries, corn on the cob, watermelon				
		HV - Loaded veggie burger, fries, corn on the cob, watermelon				
		P - Peach parfait w/granola	D - Egg salad on WW	P - Peach parfait w/granola	LB - Pizza stacker lunchbox	
		SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	
	Honoring those who gave all					

Items in this color highlight the VT harvest of the month - MAY celebrates MIXED GREENS!