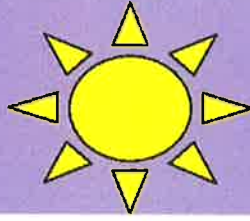


# 9th Annual Tulip Trot



## Family Friendly Walking Spots and Ideas to Get You Moving



- 1 Fairweather Square  
Rise and shine in the historic town square
- 2 Great Playground  
Watch your kiddos romp and play
- 3 Nature Trail  
Explore the 1.2 mile family trail
- 4 Hagen Gardens  
Walk the beautiful garden paths
- 5 POND  
Don't forget to use a walking stick of wooden or plastic
- 6 Fall Hill Playground  
Play ball, swing, and slide in the shade of our playground, just from a hill above
- 7 Marguerite Walk  
Beautiful flowers make up this short walking path
- 8 Fair Weather out  
Enjoy some history and scenic views
- 9 Fall Hill  
See the beautiful trees and the view of town
- 10 Lullaby Village Children's Company  
Sing, dance, and enjoy a special morning storybook and other activities
- 11 Cider Stand  
Follow the horses and path through the woods to enjoy the beautiful and new view
- 12 The Pond  
Enjoy the beautiful view through the woods to the lake
- 13 Community Garden & Arboretum  
See beautiful plants in a new and easy to reach neighborhood
- 14 Main Street  
Walk through the historic downtown

**The Retreat Farm is open for walking and hiking!**  
 Stop at the top of the hill to admire the view, say "hi" to Carlos the bull and the goats.  
 Parking in the lot is available, but for a bonus adventure walk/jog to the farm from downtown or start at GSS!  
 There's a small labyrinth garden (4) and a storybook trail! (7)  
 The trails are marked, making getting lost in the woods so 2020!  
[Retreat Farm Map and Guide Info](#)

Remember to bring a mask and socially distance from other hikers.



**Week One of the Tulip Trot Family Commitment is March 28 - April 3rd.**

**What will you family do this week, outside, together?  
 Each week, we'll send you some ideas.**

**When you get a great family photo will you send it to Miss Mo (mhart@wsesdvt.org) for the final video production of Tulip Trot - The Musical - A Virtual 5K Cabaret Mashup**





# TULIP TROT

## - THE MUSICAL -

A Virtual 5K Cabaret Mash-up 



**Our Family Committed to...**

- One long outing together, to celebrate the Tulip Trot and enjoy the great outdoors.

**Our Family Committed to...**

- Three 30-minute walks or runs each week.
- Week of March 28 - April 3rd
- Week of April 4 - April 10th
- Week of April 11 - April 17th
- Week of April 18 - April 24th

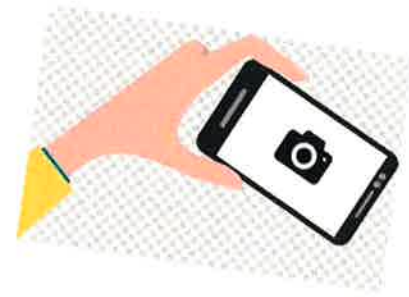
**Our Family Committed to...**

- One 40-minute walk or run each week.
- Week of March 28 - April 3rd
- Week of April 4 - April 10th
- Week of April 11 - April 17th
- Week of April 18 - April 24th

- Our family sent a great PHOTO or 10-SECOND VIDEO of our family participating in the Tulip Trot **On or before APRIL 15TH**

*Which may be added to the final Virtual 5K Cabaret Mash-up Video*

- By email to [mhart@wsesdvt.org](mailto:mhart@wsesdvt.org)
- or
- By text to 802-579-8572
- or
- To my child's teacher



# TULIP TROT

## - THE MUSICAL -

A Virtual 5K Cabaret Mash-up 

- Our family will Zoom into the Live Event on **Saturday, May 1st at 10am**

**Tulip Trot, The Musical**  
**A Virtual 5-K Cabaret Mash-up**