




**April Lunch 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday	
	3/28	3/29	3/30	3/31	4/1	
H = Hot Entree	Bagged Lunches - Early Release Day	H - Twin beef tacos with black bean and corn salad	H - Spaghetti and meatballs, garlic breadstick, garlic roasted broccoli	MLB OPENING DAY - Ballpark extravaganza!	H - Pepperoni pizza with baby carrots	H = Hot Entree
HV - Vegetarian Entree	A - Turkey & cheese on WW, apple, carrots, milk	HV - Twin soy crumble tacos with black bean and corn salad	HV - Spaghetti and "neatballs", garlic breadstick, garlic roasted broccoli	Hot Dog (Turkey or veggie), french fries, soft pretzel with cheese sauce and watermelon wedges!	HV - Cheese pizza with baby carrots	HV - Vegetarian Entree
D = Deli sandwich	B - SBJ on WW, apple, carrots, milk	P - Strawberry Parfait	D - Veggie & hummus wrap	P - Strawberry Parfait	L - Cape Codder Lunchbox	D = Deli sandwich
P = Parfait		SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	P = Parfait
L = Lunchbox	Monday	Tuesday	Wednesday	Thursday	Friday	L = Lunchbox
SBJ = SBJ	4/4	4/5	4/6	4/7	4/8	SBJ = SBJ
	H - BBQ pulled pork on bun with sweet potato fries	H - Stuffed peppers with rice & ground beef, WG flatbread	H - Turkey tetrazzini with spinach salad	H - Sheppard's Pie with green beans and breadstick	H - Pepperoni pizza with veggie sticks and dip	H = Hot Entree
	HV - BBQ shredded tofu on bun with sweet potato fries L - Better Cheddar Lunchbox	HV - Stuffed pepper with rice and beans, WG flatbread P - Mango Parfait	HV - Mushroom tetrazzini with spinach salad D - Turkey & Cheese on WW	HV - Vegan sheppard's pie with green beans and bread stick P - Mango Parfait	HV - Cheese pizza with veggie sticks and dip L - Better Cheddar Lunchbox	HV - Vegetarian Entree D = Deli
This month we are traveling to SYRIA!	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	P = Parfait L = Lunchbox SBJ = SBJ
	Monday	Tuesday	Wednesday	Thursday	Friday	
	4/11	4/12	4/13	4/14	4/15	
<p align="center"><b>Items in this color highlight the VT harvest of the month - February celebrates Whole GRAINS!</b></p>	H - Bacon cheeseburger with tater wedges	H - Sesame chicken, sesame noodles, cilantro carrots	H - Mac & Cheese with peas	H - Greek turkey pita with chopped salad and tzatziki	H - Pepperoni pizza with chef's choice veggie	H = Hot Entree
	HV - Loaded veggie burger with tater wedges	HV - Sesame tofu, sesame noodles, cilantro carrots	HV - Mac & Cheese with peas	HV Falafel pita with chopped salad and tzatziki	HV - Cheese pizza with chef's choice veggie	HV - Vegetarian Entree
	L - Cafe Kid's plate	P - Blueberry Parfait	D - Chicken Caesar Wrap	P - Blueberry Parfait	L - Cafe Kid's plate	
	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	D = Deli sandwich
	Monday	Tuesday	Wednesday	Thursday	Friday	P = Parfait L = Lunchbox SBJ = SBJ
	4/18	4/19	4/20	4/21	4/22	
						H = Hot Entree
						HV - Vegetarian Entree
This month we are	4/25	4/26	4/27	4/28	4/29	D = Deli sandwich L = Lunchbox
traveling to Jamaica!!!	H - Chicken tenders with tater tots	H - Open faced turkey sandwich with gravy, cranberry and stuffing and glazed carrots	H - Spaghetti with meatballs, roasted broccoli	<p align="center"><b>Where in the WORLD are We Eating - JAMAICA!! Jerk Chicken, rice &amp; peas, callaloo, fried plantain and coconut drops</b></p>	H - Pepperoni pizza with cucumber wedges	SBJ = SBJ
	HV - Vegan tenders with tater tots	HV - Roasted Tofu sandwich with mushroom gravy and glazed carrots	HV - Spaghetti with vegan meatballs, roasted broccoli		HV - Cheese pizza with cucumber wedges	
	L - Cape Codder Lunchbox	P - Peach Parfait	D - Italian Cold Cut Sub	P - Peach Parfait	L - Cap Codder Lunchbox	
	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	SBJ - SBJ on WW	