


November Breakfast 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	10/31	11/1	11/2	11/3	11/4
	H - Frankenstein's French toast	H - Bacon Egg & Cheese muffin	H - Pull apart Cinni-minis	H - Sausage Egg & Cheese Muffin	H - WW bagel with cream cheese
	C - Monster donut (cinnamon whole grain donut) with mummy string (cheese)	C - Sunshine Smoothie (mango orange)	C - Homemade blueberry muffins w/string cheese	C - Fruity yogurt and no-nut granola	C - Assorted cereal with string cheese
	Monday	Tuesday	Wednesday	Thursday	Friday
	11/7	11/8	11/9	11/10	11/11
	H - French toast sticks	H - Bacon Egg & Cheese muffin	H - Pull apart Cinni-minis	H - Sausage Egg & Cheese Muffin	
All breakfasts are served with local milk and assorted juice or fruit	C - UBR with HB egg	C - Grateful Green Machine smoothie (pineapple banana)	C - Homemade pumpkin spice muffins w/string cheese	C - Fruity yogurt and no-nut granola	
	Monday	Tuesday	Wednesday	Thursday	Friday
	11/14	11/15	11/16	11/17	11/18
	H - French toast sticks	H - Bacon Egg & Cheese muffin	H - Pull apart Cinni-minis	H - Sausage Egg & Cheese Muffin	H - WW bagel with cream cheese
	C - UBR with HB egg	C - Very Berry Smoothie (strawberry, blueberry raspberry)	C - Homemade strawberry vanilla muffins w/string cheese	C - Fruity yogurt and no-nut granola	C - Assorted cereal with string cheese
Monday	Tuesday	Wednesday	Thursday	Friday	
11/21	11/22	11/23	11/24	11/25	



Monday	Tuesday	Wednesday	Thursday	Friday
11/28	11/29	11/30	12/1	12/2
H - French toast sticks	H - Bacon Egg & Cheese muffin	H - Pull apart Cinni-minis	H - Sausage Egg & Cheese Muffin	H - WW bagel with cream cheese
C - UBR with HB egg	C - Sunshine Smoothie (mango orange)	C - Homemade blueberry muffins w/string cheese	C - Fruity yogurt and no-nut granola	C - Assorted cereal with string cheese