



# TULIP TROT - THE MUSICAL -

A Virtual 5K Cabaret Mash-up 



Our Family Committed to...

- One long outing together, to celebrate the Tulip Trot and enjoy the great outdoors.

Our Family Committed to...

- Three 30-minute walks or runs each week.

- Week of March 28 - April 3rd
- Week of April 4 - April 10th
- Week of April 11 - April 17th
- Week of April 18 - April 24th

Our Family Committed to...

- One 40-minute walk or run each week.

- Week of March 28 - April 3rd
- Week of April 4 - April 10th
- Week of April 11 - April 17th
- Week of April 18 - April 24th

- Our family sent a great PHOTO or 10-SECOND VIDEO of our family participating in the Tulip Trot

**On or before APRIL 15TH**

*Which may be added to the final Virtual 5K Cabaret Mash-up Video*

- By email to [mhart@wsesdvt.org](mailto:mhart@wsesdvt.org)
- or
- By text to 802-579-8572
- or
- To my child's teacher



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- Our family will Zoom into the Live Event on **Saturday, May 1st at 10am**

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**Tulip Trot, The Musical  
A Virtual 5-K Cabaret Mash-up**